Give us octagonal warning labels!

It takes too much time to understand the nutrition facts panel.

But, we can quickly understand that 80% of deaths in Barbados are caused by non-communicable diseases.

Without knowing, we consume too much foods high in sugar, fats, and sodium, which can lead to obesity, type 2 diabetes and hypertension.

Especially now, we need warning labels on the front of our food packages to easily identify unhealthy foods.

Let’s continue to put our people's health first.

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