

SCHOOL NUTRITION POLICY

Revised Compliant List - Snacks

(Phase 2: September 2024 - July 2025)

NUTRIENT GUIDELINES

Sodium (Salt)

No more than 150mg which represents the 10% of the maximum daily intake recommended by the World Health Organization (2020).

Sugar

SNACKS

No more than 10g of sugar per 100ml.

BEVERAGES

No added sugar and only 100% juice have been included in this Alternative List.

Cholesterol

The suggested snacks are all low in cholesterol with 20mg or less per serving.

Fat

Less than 3g total fat per serving.

(Department of Health et al., 2016, Scientific Advisory Committee on Nutrition, 2019)

FRUITS AND VEGETABLES ARE RECOMMENDED AS GREAT SNACK OPTIONS!



ALTERNATIVE BRANDS **SNACKS**

A photograph of two coconuts. One coconut is cut in half, revealing the thick, white, fleshy interior and the hollow, fibrous center. The other coconut is whole, showing its characteristic brown, fibrous husk. The coconuts are resting on a light-colored surface against a light blue background.

Small
Small
TS 32g



ALTERNATIVE BRANDS SNACKS

Retailer/Wholesaler Brand

Hanschell Inniss	Sargento
Hanschell Inniss	Sargento
Hanschell Inniss	Kelloggs
Hanschell Inniss	Kelloggs
Hanschell Inniss	Kettle
Hanschell Inniss	Ovaltine
Hanschell Inniss	Dole
Hanschell Inniss	Dole
Hanschell Inniss	Dole

Product Name

"Colby-Jack Natural Cheese Snack Sticks"
"Sargento Sharp Cheddar Cheese Snack Sticks"
Apple Jacks
Fruit Loops
BBQ Chips
Cookies
Cherry Mixed Fruit Cup
Diced Peach Cup
Mixed Fruit Gel Cup (no added sugar)

Retailer/Wholesaler Brand

Jordans Supermarket	Bermudez South America
Jordans Supermarket	Bermudez South America
Jordans Supermarket	Bermudez South America
Jordans Supermarket	Bermudez South America
Jordans Supermarket	Holiday Snacks Limited
Jordans Supermarket	Holiday Snacks Limited
Jordans Supermarket	Holiday Snacks Limited
Jordans Supermarket	Holiday Snacks Limited

Product Name

Soldanza - Naturally Sweet
Soldanza - Ripe Plantain Chips
Soldanza - Plantain Chips Lightly Salted
Soldanza - Cassava Chips
Grainz - Garden Herb
Exotica - Yogurt Delight
Exotica - Fruit & Nut Fusion
Honey Roasted Cashews



Retailer/Wholesaler

Brand

Massy Stores	Bosc
Massy Stores	NA
Massy Stores	NA
Massy Stores	NA
Massy Stores	Tosh
Massy Stores	Tosh
Massy Stores	Tostitos
Massy Stores	Voortman

Product Name

Pear
Tangerines
Watermelon Slice
Strawberries (1 cup)
Honey Crackers (Honey & Bran)
Multigrain Crackers
Tortillas - Bite size Rounds
Strawberry Wafer

Nibbles Treats and Sweets Dole

Gel Mixed Fruit



Retailer/Wholesaler

Brand

Popular Discounts
Popular Discounts
Popular Discounts
Popular Discounts
Popular Discounts
Popular Discounts
Popular Discounts
Popular Discounts

Holiday Snacks Limited
Holiday Snacks Limited
Holiday Snacks Limited
Good Time Snacks
Nature Valley
Tosh
Bermudez
Bermudez

Product Name

Cashew Nuts
Almonds
Raisin and Nuts
Peanuts
Trail Mix Granola Bar
Bran and Sesame Crackers
Digestive Biscuits
Wheat Crisps



ALTERNATIVE BRANDS **SNACKS**

Retailer/Wholesaler Brand		Product Name
Premier Wholesale	Nature Valley	Oats & Honey Granola Bars
Premier Wholesale	Pretzel Pete	Pretzel Pete
Premier Wholesale	Dandormah	Ice Pop
Sunshine Snacks	Sunshine Snacks	Sun Mix - Classic Supreme



Retailer/Wholesaler	Brand	Product Name
Wibisco	Caribbean Delight	Caribbean Delight Chocolate Brownie
Wibisco	Caribbean Delight	Caribbean Delight Oatmeal & Raisin
Wibisco	Digestive	Digestive Biscuits
Wibisco	Exotica	Exotica Cran Almond
Wibisco	Exotica	Exotica Fruit & Nut Fusion
Wibisco	Exotica	Exotica Hazelnut Latte
Wibisco	Exotica	Exotica Premium Mix
Wibisco	Exotica	Exotica Yogurt Delight
Wibisco	Grainz	Grainz Whole Grain Snack (Garden Herb)
Wibisco	Holiday	Holiday Almonds
Wibisco	Holiday	Holiday Cashews
Wibisco	Holiday	Holiday Grainz Chips
Wibisco	Holiday	Holiday Raisin & Nut
Wibisco	Nood	Nood Kettle Popcorn
Wibisco	Nood	Nood Sea Salt Popcorn
Wibisco	Shirley	Shirley Chocolate 37g
Wibisco	Shirley	Shirley Coconut 37g
Wibisco	Soldanza	Soldanza Banana Lighted Salted Chips
Wibisco	Soldanza	Soldanza Banana Pepper Sweet Chips
Wibisco	Soldanza	Soldanza Cassava Chips
Wibisco	Soldanza	Soldanza Cassava Tomato Chipotle
Wibisco	Soldanza	Soldanza Lighted Salted Plantain Chips
Wibisco	Soldanza	Soldanza Ripe Plantain Chips
Wibisco	Soldanza	Soldanza Sweet Potato + Sesame Seed Chips
Wibisco	Wibisco	Wibisco Chocolate Chips Cookies
Wibisco	Wibisco	Chocolate Chip Cookies

